

MY
Prayer
PATHWAY

— NOTEBOOK —

*This Prayer Notebook
Belongs To*

MAKING A PRAYER PATHWAY NOTEBOOK

FORMS AND INSTRUCTIONS

MAKING PRAYER PATHWAY notebooks can be a fun group, family, or individual project. This packet includes the following forms and resources for you to print out and cut in half for use in a small binder (8.5" x 5.5"). You will also need the supplies listed below.

Forms

My Weekly Prayer Planner
Today's Prayer List
I'm Praying For
Prayer Verses
PRAYERS Day Trip

Resources

Prayer PathWay cover sheets
Some Names of God
God Is . . .
The "I Am" Statements of Christ
A Month of Daily Prayer Themes

Additional Supplies

A binder (this packet fits 8.5" x 5.5")
Printer and printer paper or loose-leaf notebook paper
Dividers (7 minimum; up to 18 suggested)
Pen or pencil

Optional Extras

A second binder (either 8.5" x 11" or 8.5" x 5.5")
Photographs of people or groups you would like to pray for
Scrapbook paper
Markers or colorful pens
Stickers

PREPARE YOUR BINDER

- ♦ Get a binder (or two) from an office supply store. Decide whether you'd prefer a letter-sized binder (8.5" x 11") or a half size (8.5" x 5.5"). I like to leave my binder out on the counter as a prayer reminder throughout my day, so I prefer a smaller size. If you choose to make a family prayer notebook to share, a larger binder might be better.
- ♦ Create a cover (or covers). Some binders have a clear plastic sleeve on the front so that you can design your own cover and slide it in. You might choose to print out favorite verses, photos of people you pray for—anything that will inspire you to grab the notebook to pray! Scrapbooking paper/markers/stickers can make your cover a work of art. (But don't feel the pressure to do an ornate art project if that will derail you from starting a new prayer routine.)

SET UP THE INTERIOR

For a Prayer Notebook

- ♦ Create the sections for the PRAYERS acrostic. Label seven dividers, one for each of the seven steps of Prayer PathWay (Praise, Repent, Ask, Yield, Express Thanks, Rejoice, Shalom).
- ♦ Print out some Prayer Verses pages or use binder paper from the store.
- ♦ Start jotting down some verses and/or quotes that help you to pray!

For a Personal Prayer Planner

- ♦ Print out the forms you will need (My Weekly Prayer Planner, Today's Prayer List, I'm Praying For, Prayer Verses, and PRAYERS Day Trip).
- ♦ Label the first divider for your weekly prayer plan. Insert the Weekly Prayer plan sheet.
- ♦ Label seven dividers, one for each day of the week. Insert the prayer lists for each day. You may wish to add an I'm Praying For form in each section as well.
- ♦ Label one divider for a month of daily prayer. Insert the Month of Daily Prayer Themes form.
- ♦ Label one divider RESOURCES. Print out extra forms and resources so that they're handy when you need them!
- ♦ Label one divider MISCELLANEOUS.

WORK THROUGH THE FORMS

- ♦ Start by filling out My Weekly Prayer Planner. Don't rush this process. Prayerfully think of people, groups, ministries, and others for

whom you would like to pray. Revise your chart until you feel satisfied with your plan. I find it helpful to use different colors of ink to designate different prayer groups (e.g., red for my own family, green for extended family, blue for friends, pink for missionaries, black for church and other ministries). If you've never done a list like this before, start small—you may add to it in the future!

- ◆ Transfer each day's list from My Weekly Prayer Planner to that day's Prayer List form. Each day should have its own Today's Prayer List. Write the day in the upper righthand corner. (For example: everything from the Sunday column of your Weekly Prayer Planner should be copied onto a Prayer List form in the Sunday section of your binder.) Write the name of each person or group on an individual I'm Praying For form. For some of the people I pray for, I start this sheet with ongoing prayer needs and with Bible verses that apply (I call these "prayer pointers"). The rest of the page can then be used for specific prayer requests/answers/updates. Some people add photos of those they're praying for. This is a good way to use the Christmas card photos and missionary prayer letters you receive!

EXAMPLE: If you listed your grandparents on your Weekly Prayer Planner in the Monday column, transfer their names to Monday's Today's Prayer List. Then place their names on an I'm Praying For form, along with prayer pointers. Place that page in the Monday section, behind Today's Prayer List. Refer to that sheet if you'd like to be reminded of what to pray or to add more details or requests.

I make extra copies of my Weekly Prayer Planner to put in my Bible, with my calendar, on my bedside table, and on the kitchen cupboard—anyplace where it can catch my eye to remind me to be constant in prayer. I also make a calendar event in my calendar app so that my phone and laptop send me daily reminders of who's on that day's prayer list.

CAUTION: If filling out forms will cause you to get distracted from praying—don't use them! They're meant to be an encouragement to your prayer discipline—not another item on your to-do list.

ANOTHER CAUTION: If you record personal information and prayer requests about yourself or other people, please don't leave your notebook where others can read it or where you could possibly misplace it. Confidentiality is crucial!

Some Names of God

Elohim	He is Creator	Genesis 1:1
El-Elyon	He is God Most High	Genesis 14:19b
El-Olam	He is the Everlasting God	Isaiah 40:28
El-Roi	He is the One Who Sees	Genesis 16:13
El-Shaddai	He is God Almighty	Genesis 17:1
Adonai	He is Lord Almighty	Deuteronomy 10:17
Jehovah-Jireh	He is the Provider	Genesis 22:14
Jehovah-Maccaddeshem	He is the Sanctifier	Exodus 31:13
Jehovah-Nissi	He is our Banner	Exodus 17:15
Jehovah-Rapha	He is the Healer	Exodus 15:26
Jehovah-Sabaoth	He is the Lord of Hosts	Psalms 23:1
Jehovah-Rohi	He is the Shepherd	Isaiah 6:1-3
Jehovah-Shalom	He is Peace	Judges 6:24
Jehovah-Shammah	He is the Lord Who is Present	Ezekiel 48:35
Jehovah-Azar	He is my Helper	Psalms 54:4

The "I AM" Statements of Christ

Jesus said: "I am the bread of life. "	John 6:48
Jesus said: "I am the light of the world. "	John 9:5b
Jesus said: "I am the door. "	John 10:7b
Jesus said: "I am the good shepherd. "	John 10:11a
Jesus said: "I am the resurrection and the life. "	John 11:25a
Jesus said: "I am the way, the truth and the life. "	John 14:6a
Jesus said: "I am the vine. "	John 15:5a

GOD IS . . .

GOD IS HOLY

It is written, “You shall be holy, for I am holy.”

1 Peter 1:16

GOD IS UNCHANGING

For I the Lord do not change.

Malachi 3:6a

GOD IS COMPASSIONATE

As a father shows compassion to his children, so the Lord shows compassion to those who fear him.

Psalms 103:13

GOD IS STEADFAST

Give thanks to the God of heaven, for his steadfast love endures forever.

Psalms 136:26

GOD IS PATIENT

The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance.

2 Peter 3:9

GOD IS LOVING

God is love.

1 John 4:8b

Scripture quotations are from the ESV® Bible (*The Holy Bible, English Standard Version*®), copyright © 2001 by Crossway, a publishing ministry of Good News

GOD IS FORGIVING

As far as the east is from the west, so far does he remove our transgressions from us.

Psalms 103:12

GOD IS FAITHFUL

Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations.

Deuteronomy 7:9

GOD IS SOVEREIGN

I am God, and there is none like me, declaring the end from the beginning and from ancient times things not yet done, saying, “My counsel shall stand, and I will accomplish all my purpose.”

Isaiah 46:9b–10

GOD IS OMNISCIENT

You know when I sit down and when I rise up; you discern my thoughts from afar.

Psalms 139:2

GOD IS OMNIPRESENT

Where shall I go from your Spirit? Or where shall I flee from your presence? If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!

Psalms 139:7

GOD IS OMNIPOTENT

Is anything too hard for the Lord?

Genesis 18:14

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PRAYERS Day Trip

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PRAISE

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REPENT

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ASK

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YIELD

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EXPRESS THANKS

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REJOICE

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SHALOM.

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PRAYERS Day Trip

____ / ____ / ____

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REJOICE

.....

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SHALOM.

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I'm praying for:

What I'm praying:

I'm praying for:

What I'm praying:

A MONTH OF DAILY PRAYER THEMES

❧ For My Loved Ones ❧

I PRAY THAT MY LOVED ONES WOULD . . .

1. love God the Father, Son, and Holy Spirit (Mark 12:30).
2. love others (Mark 12:31a).
3. resist Satan, flee from sin, and eagerly repent (James 4:7b).
4. submit to discipline and correction (Prov. 19:20).
5. be drawn to the Word and to prayer (Ps. 119:97).
6. not love the world (Rom. 12:2).
7. resist temptation (Rom. 12:9b).
8. trust God with their future (Prov. 3:5–6).
9. be pure (2 Peter 3:14b).
10. know that they are precious to God (Zeph. 3:17).
11. be satisfied in God (Ps. 27:4a).
12. be true worshipers of God (Luke 4:8b).
13. show the fruit of the Spirit in their lives (Gal. 5:22–23a).
14. have godly influences and friends (Prov. 13:20).
15. have servant hearts (Mark 9:35b).
16. be peacemakers (Matt. 5:9).
17. follow the narrow path (Ps. 16:11).
18. be disciplined in thoughts, words, and actions (1 Cor. 9:27a).
19. grow in spiritual discernment (Prov. 3:7).
20. live in joy (Jer. 31:13b).
21. be doers of the Word, not hearers only (James 1:22a).
22. be content (Phil 4:11b).
23. not be anxious (Phil. 4:19).
24. be forgiving and not hold grudges (Eph. 4:32).
25. not be proud (Phil. 2:3–4).
26. desire excellent character in themselves and others (1 Sam. 16:7b).
27. be honest (Prov. 12:19).
28. be teachable (Prov. 12:1).
29. persevere under trials (James 1:2–3).
30. be spiritually strong (Eph. 6:10–11).
31. abide in Christ (John 15:9).

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A MONTH OF DAILY PRAYER THEMES

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6. not love the world (Rom. 12:2).
7. resist temptation (Rom. 12:9b).
8. trust God with her future (Prov. 3:5–6).
9. be pure (2 Peter 3:14b).
10. know that she is precious to God (Zeph. 3:17).
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31. abide in Christ (John 15:9).

A MONTH OF DAILY PRAYER THEMES

❧ For My Husband ❧

I PRAY THAT _____ WOULD . . .

1. love God above all (Mark 12:30–31).
2. be wise (Romans 12:2a).
3. bear fruit (John 15:5b).
4. be committed to our marriage (Malachi 2:15b).
5. be steadfast as he experiences trials (James 1:2–3).
6. have integrity (Proverbs 11:3).
7. be hope-filled (Romans 12:12).
8. have godly priorities (Matthew 6:33).
9. be a strong and gentle father (Ephesians 6:4).
10. be blessed and encouraged by me (Proverbs 31:11–12).
11. have joy (Philippians 4:4, 6).
12. be a man of faith (Hebrews 11:6).
13. lead me and that I would be responsive (1 Corinthians 11:3).
14. control his speech (Psalm 141:3a).
15. repent of sin (Psalm 139:23–24a).
16. fight temptation (Romans 12:9b).
17. be obedient to God (Deuteronomy 12:28).
18. be disciplined in his thought life (Philippians 4:8).
19. abide in Christ (1 John 2:6).
20. be content (Philippians 4:11b).
21. not be ruled by his emotions (Psalm 42:11).
22. be brave (Isaiah 41:10).
23. be sexually disciplined (Psalm 101:3a).
24. work hard as unto the Lord (Colossians 3:23).
25. have peace regarding finances (Luke 12:29, 30b–31).
26. honor our marriage bed (Hebrews 13:4a).
27. be carried by God as he ages (Isaiah 46:4).
28. have friends that strengthen him (Proverbs 27:17).
29. be a man of peace (Matthew 5:9).
30. be a man of the Word and of prayer (Psalm 119:18, 97).
31. live in joy (Nehemiah 8:10b).

A MONTH OF DAILY PRAYER THEMES

❧ For My Wife ❧

I PRAY THAT _____ WOULD . . .

1. love God above all (Mark 12:30–31).
2. be wise (Romans 12:2a).
3. bear fruit (Proverbs 31:31).
4. respond gladly to my leadership (Ephesians 5:24).
5. be steadfast as she experiences trials (James 1:2–3).
6. be sacrificially loved by me (Ephesians 5:25).
7. be hope-filled (Romans 12:12).
8. have godly priorities (Matthew 6:33).
9. be diligent in mothering (Ephesians 6:4).
10. be loving (1 Corinthians 13:4–5, 7–8a).
11. be joy-filled (Philippians 4:4, 6).
12. be a woman of faith (Hebrews 11:6).
13. be patient (Colossians 3:12).
14. control her speech (Psalm 141:3a).
15. repent of sin (Psalm 139:23–24a).
16. fight temptation (Romans 12:9b).
17. be obedient to God (Deuteronomy 12:28).
18. be modest (1 Timothy 2:9a).
19. abide in Christ (1 John 2:6).
20. desire inward beauty (Proverbs 31:30).
21. not be ruled by her emotions (Psalm 42:11).
22. be brave (Isaiah 41:10).
23. be sexually disciplined (Psalm 101:3a).
24. work hard as unto the Lord (Colossians 3:23).
25. have peace regarding finances (Luke 12:29, 30b–31).
26. honor our marriage bed (Hebrews 13:4a).
27. be carried by God as she ages (Isaiah 46:4).
28. have wise friends (Proverbs 13:20).
29. be a woman of peace (Colossians 3:15).
30. be a woman of the Word and of prayer (Psalm 119:18, 97).
31. live in joy (Nehemiah 8:10b).

Use for Notebook Spine

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